Allergy table

Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen or contamination-free.

- The majority of items on our menu are gluten-free.
- All the food at Pho District is freshly made by our kitchen staff, with the exception of some desserts and bottled tables sauces.
- Pho District dish descriptions don't always mention every single ingredient, so please check our allergen tables if you have any allergies.
- Our allergen information covers the 14 allergens specified by the Food Information Regulations.
- Allergens contained within our condiments & extra toppings are not included in this information.
- Our fried items are cooked in the fryer with other gluten-containing ingredients.

Finally please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. If you suffer from an allergy that is not covered in our allergen menu then please contact customer services in advance of your visit and our food team will help you choose suitable dishes.

DISHES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	COMMENT	POSSIBLE SOLUTION
STARTER																
IMPERIAL SPRING ROLL			Y	Y											IT'S NOT GLUTEN ITSELF, BUT IT IS DEEP FRIED IN THE SAME OTL AS OTHER DIESPES WERE DEEP FRIED THAT CONTAINS GLUTEN SUCH AS AUTUMN FIRECARACKER ROLLS (CROS CONTAMINATION)	POSSIBLE SOLUTION
VEG. SPRING ROLL												Y			IT'S NOT GLUTEN IT'SELF, BUT IT IS DEEP FRIED IN THE SAME OIL AS OTHER DIESPES WERE DEEP FRIED THAT CONTAINS GLUTEN SUCH AS AUTUMN FIRECARCKER FOLLS (CROSS CONTAMINATION)	POSSIBLE SOLUTION
PRAWN SUMMER ROLLS			Υ								γ*					
TOFU SUMMER ROLLS											Y*					
TENDER BEEF SUMMER ROLLS																
ROSTED DUCK SUMMER ROLLS		Y														
COUNTRYMAN CHICKEN WINGS				Υ	Υ											
FIVE SPICE HONEY RIBS		Υ			Y											

DISHES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	COMMENT	POSSIBLE SOLUTION
SALTED & PEPPER SQUID			Υ	γ*												
SALTED & PEPPER PRAWN			Υ	γ*												
SALTED & PEPPER TOFU																
GOLDEN PANCAKE PRAWN & CHICKEN			Υ		Υ									Υ		
GOLDEN PANCAKE TOFU														Y		
PRAWN SESAME TOAST			Υ	Υ								Υ				
CHICKEN SATAY SKEWERS		Υ									Y*					
THE PHO HOUSE																
PHO (ALL BEEF & CHICKEN)																
PHO ROASTED DUCK		Y									Y*					
PHO VEGETARIAN																
PHO SEAFOOD			Υ		Υ											
BUN HUE (ALL BEEF & CHICKEN)			Υ													
BUN HUE VEGETARIAN			Y													
BUN HUE SEAFOOD			Υ		Y											
STIR FRIED RICE NOODLE BEEF		Y*											Y			
STIR FRIED RICE NOODLE CHICKEN		Y*											Y			
STIR FRIED RICE NOODLE PRAWN		Υ*	Υ										Υ			
STIR FRIED RICE NOODLE TOFU		Y*											Y			
HEALTHY BOWLS																
BUN MAM GRILLED PORK AND SPRING ROLLS		Y*	Y		Y						Y*		Y		SPITMS ROLLS IS GLUTEN FREE, BUT IT IS IS GLUTEN FREE, BUT IT IS IN THE SHE IN IN THE SHE IN IN THE SHE IN IN THE SHE DEEP FRIED IN THAT CONTAINS GLUTEN SUCH AS AUTUMN FIRECHACKER ROLLS (GROSS CONTAMINATION) SERVED WITH FISH SAUCE AND PEANUTS	PEANUTS CAN BE REMOVED ON REQUEST
BUN MAM CHICKEN		Y*			Y						Y*		Υ		SERVED WITH FISH SAUCE AND PEANUTS	PEANUTS CAN BE REMOVED ON REQUEST
BUN MAM TOFU		Y*									Y*		Υ		SERVED WITH VEGGIE SAUCE AND PEANUTS	PEANUTS CAN BE REMOVED ON REQUEST
BUN MAM PRAWNS		Y*	Y		Υ						Y*				SERVED WITH FISH SAUCE AND PEANUTS	PEANUTS CAN BE REMOVED ON REQUEST

DISHES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	COMMENT	POSSIBLE SOLUTION
BUN MAM BEEF		Y			Y						γ*				SERVED WITH FISH SAUCE AND PEANUTS	PEANUTS CAN BE REMOVED ON REQUEST
COM TRON GRILLED PORK		Υ			Y							Y			SERVED WITH FISH SAUCE	
COM TRON GRILLED CHICKEN		Y		Y*	Y							Υ			SERVED WITH FISH SAUCE	
COM TRON HONEY RIBS		Υ			Y							Y			SERVED WITH FISH SAUCE	
MAIN COURSE																
GRILLED AUBERGINE		Y											Υ			
BRAISED TOFU WITH AUBERGINE		Y														
STEWED PORK IN CLAY POT		Υ		Y	Y							Y				
HOI AN CURRY CHICKEN							Y				Y					THIS CAN ALSO BE DONE AS NUT FREE, BUT PLEASE GIVE US A CALL OR PUT A NOTE ON YOUR ORDER
HOI AN CURRY PRAWN			Y				Y				Y					THIS CAN ALSO BE DONE AS NUT FREE, BUT PLEASE GIVE US A CALL OR PUT A NOTE ON YOUR ORDER
HOI AN CURRY TOFU							Y				Y					THIS CAN ALSO BE DONE AS NUT FREE, BUT PLEASE GIVE US A CALL OR PUT A NOTE ON YOUR ORDER
HOI AN SPECIAL FRIED RICE		Y*	Υ	Υ	Υ											
CAMPFIRE BEEF		Y									Y*		Υ			
LEMONGRASS BEEF		Υ			Υ								Υ			
LEMONGRASS CHICKEN					Υ											
SIDES & SALADS																
STIR-FRIED PAK CHOI					Υ											
STIR-FRIED MORNING GLORY					Υ											
STIR-FRIED BROCOLLI					Υ											
PAPAYA PRAWN SALAD			Y*		Υ						Y*				PEANUTS AND SESAME SEEDS CAN BE REMOVE ON REQUEST. (SERVED WITH FISH SAUCE)	
PAPAYA BEEF SALAD		Y			Υ						Y*				PEANUTS AND SESAME SEEDS CAN BE REMOVE ON REQUEST. (SERVE WITH FISH SAUCE)	
EXOTIC RARE BEEF SALAD					Υ							Y*				
BANG BANG CHICKEN											Y*	Y*			SERVED WITH CRUSHED PEAMUTS ON TOP BUT IT CAN BE REMOVE ON REQUEST	

DISHES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	COMMENT	POSSIBLE SOLUTION
STEAMED FRAGRANT RICE																
EGG FRIED RICE		Y*		Υ	Y											
DISTRICT SPECIAL																
BUN LA VONG		Y*			Y						γ*				SERVED WITH PEANUT SAUCE ON THE SIDE	
BO LUC LAC												Y*		Y		
CRISPY ROASTED DUCK		Y														
SEABASS FILLET				Υ	Υ					Y*						